



ANATOMY OF BOREDOM

Purpose of my paper is analysis of the phenomenon of boredom. Defining this emotion constitutes problem. To this subject is devoted the first part of the paper. Problem defining this subject is result of different possible reasons for coming into existence of boredom, of causes which seems contrary to oneself. With reference to the above we can distinguish two basic kinds of boredom: boredom "ordinary" and existential boredom. Although reasons for coming into existence of both kinds of boredom are different, however effects can be similar, the long-term bore can lead existences of the individual to loss of feeling the meaning. This subject seems particularly important in the days of the aspiration of the individual to the individualism, of full freedom in carrying the own potential out. Focusing on this destination can lead to coming into existence of feeling surfeit, and from the fullness to the bore. Boredom from surfeit and boredom from the deficiency of stimuli can lead to destructive behaviours directed against very individual and against other objects. Recapitulating discussions which in the meaning of the Darwinism is performing the adaptive role of boredom is the last part of the address.