



BOREDOM IS EVERYWHERE: TOWARDS BOREDOM STUDIES – CROSS-DISCIPLINARY OVERVIEW

Boredom has been analyzed by scientists and scholars from many different fields: anthropology, biology, history, sociology, philosophy, psychology, pedagogy and literature studies. All of them have various methods, conceptualizations and research questions – boredom is their bonding point. Taking all these works together the broad picture of boredom emerges. It turns out that boredom is practically everywhere: in every social class, in every historical period (albeit under different names) – it can be found in almost every aspect of human life. And not only human - there are even articles concerning animal boredom!

I would like to present a cross-disciplinary overview of the notions about boredom. I intend to sketch a horizon of scientific and cultural thought related to boredom. By combining all these remarks I mean to show how complex such mundane emotion as boredom can be and in how many contexts it can be considered.