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Reliability and validity of Boredom Proneness Scale (short form). Polish version

The study examines basic psychometric properties of Polish version of Boredom Proneness Scale (Farmer, Sundberg, 1986). The results seem to indicate that Polish version of BPS has acceptable level of psychometric qualities. In further analysis the confirmatory and exploratory factor analysis were used to test the factor structure of the scale. None of the previously described factor analytic structures was confirmed. However, exploratory factor analysis provides some support for a short form version of the original scale (14 items) and revealed the four-factor solution: Monotony, Creativity, Challenge, Perception of Time.